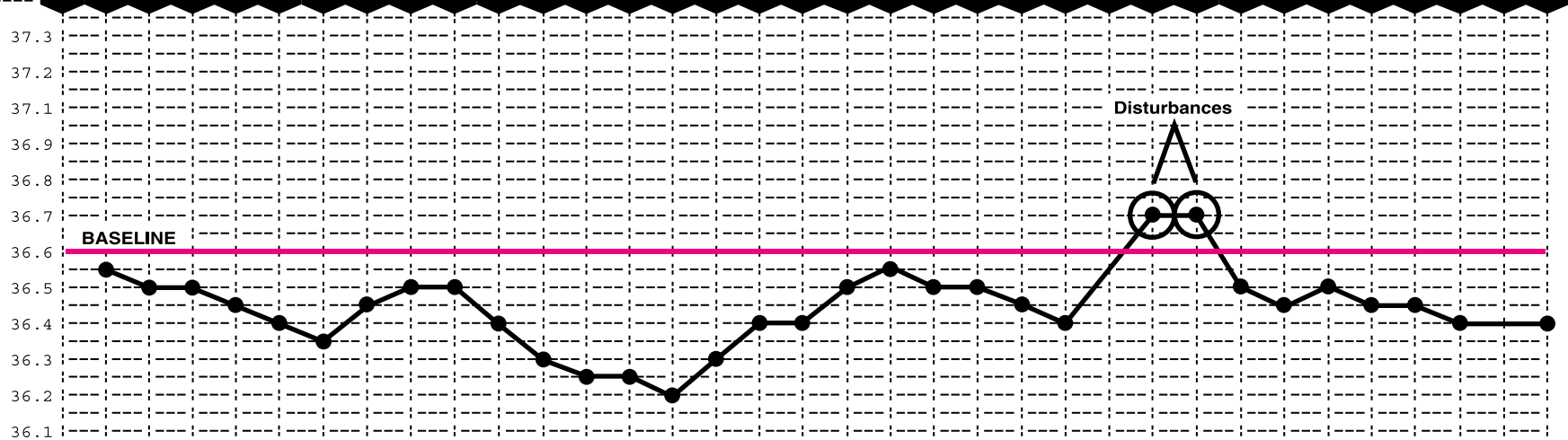


NAME:	MONTHS:										CHART #:	I.D.#																									
Day of Cycle	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35		
Day of Month																																					
Stamps	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	▲	▲	▲	●	PK	▲	▲	▲	●	●	●	●	●	●	●	●	●	●	●	●		
Sensation	D	D	D	D	D	D	D	D	D	D	D					D	S	S	L	L	D	D	D	D	D	D	S	S	D	D	D	D	D	D	D		
Description	OAD	OAD	OAD	OAD	OAD	OAD	OAD	OAD	OAD	OAD	OAD	L	L	L	VL	VL	OAD	6pc	6C	8K	8K	OAD	OAD	OAD	OAD	OAD	OAD	6C	6C	OAD	OAD	OAD	OAD	2x1	OAD		
Misc. Symptoms Stress/Illness																																					



TEMPERATURE

X vaginal O oral usual time taken 8:30 a.m.

Basal Temperature and Mucus Chart Anovulatory Cycle with Unusual Bleeding